

Student-athlete & Parent/Legal Guardian Concussion Statement  
Must be signed and returned to Acadiana Christian Athletics.

Student-Athlete Name: \_\_\_\_\_

Parent/Legal Guardian Name(s): \_\_\_\_\_

After reading the information sheet, I am aware of the following information:

Student- Athlete initials-Parent/Legal Guardian initials after each sentence.

A concussion is a brain injury which should be reported to my parents, my coach(es) or a medical professional if one is available \_\_\_\_\_

A concussion cannot be "seen." Some symptoms might be present right away. Other symptoms can show up hours or days after an injury \_\_\_\_\_

I will tell my parents, my coach and/or a medical professional about my injuries and illnesses \_\_\_\_\_

I will not return to play in a game or practice if a hit to my head or body causes any concussion-related symptoms \_\_\_\_\_

I will/my child will need written permission from a health care provider\* to return to play or practice after a concussion \_\_\_\_\_

Most concussions take days or weeks to get better. A more serious concussion can last for months or longer \_\_\_\_\_

After a bump, blow or jolt to the head or body an athlete should receive immediate medical attention if there are any danger signs such as loss of consciousness, repeated vomiting or a headache that gets worse \_\_\_\_\_

After a concussion, the brain needs time to heal. I understand that I am/my child is much more likely to have another concussion or more serious brain injury if return to play or practice occurs before the concussion symptoms go away \_\_\_\_\_

Sometimes repeat concussion can cause serious and long-lasting problems and even death \_\_\_\_\_

I have read the concussion symptoms on the Concussion Information Sheet \_\_\_\_\_

\* Health care provider means a Louisiana licensed medical doctor, osteopathic physician or a clinical neuropsychologist with concussion training\*

\_\_\_\_\_  
Signature of Student-Athlete Date

\_\_\_\_\_  
Signature of Parent/Legal guardian Date